



Youth Belleville

YOUTH NEWSLETTER



QUINTE
SPORTS & WELLNESS CENTRE

WINTER 2024



Important Winter notes

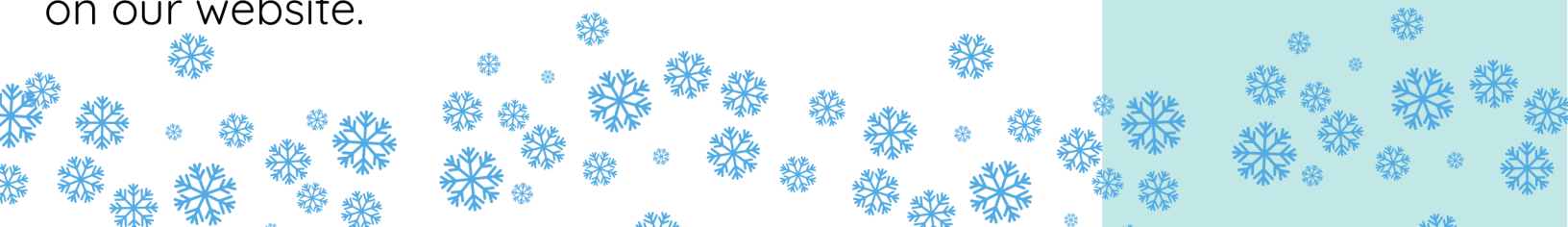
Winter Registration for land programs begins December 4 for City of Belleville taxpayers/residents and December 7 for Non-City of Belleville taxpayers/non-residents. To register visit our website or call 613-966-4632.

Aquatic Registration Winter Aquatic Registration begins December 18 for City of Belleville taxpayers/residents and December 21 for Non-City of Belleville taxpayers/non-residents.

Volunteering: We are searching for reliable and responsible high school students who wish to become Youth Room Attendants. Training will be provided and hours are flexible. Please apply on our website.

Activities/articles in this issue:

- Winter Youth Programs
- Camps
- Winter Word Search
- Get Crafty
- Young Chefs
- Community Resources



Youth Programs

Winter session runs from January 15 - March 25, 2024
(unless stated otherwise)

Youth Pop-up Events

\$6/Event 6:15-7:15p.m.

January 26: One Point Perspective
Landscape

February 23: Perler Bead Sushi

March 22: Heart Cactus Painting



Youth Weekly Programs

Monday

Teen Recreational Volleyball: 6:45-7:45p.m.

Tuesday

Artists Hub: 5-6p.m.

STEM-Tastic!: 6:15-7:15p.m.



Wednesday

NEW Teen Recreational Pickleball 3:30-4:45pm

Young Chefs: 5-7pm (8 weeks)

Thursday

NEW Youth Craft Night 5-6pm

NEW Girls Night Out 6:15-7:15pm

Soccer Skills & Drills 6:15-7:15p.m.

Open Gym

Be sure to check out the Family Open Gym sessions! \$3/visit. A participating adult is required.



Visit QSWC.ca to learn about skating, workout studio and aquatic programs for youth.

Camps

Pre-registration required for all camps. Spaces are limited.

PA Day Camps

8:00a.m. to 5:00p.m.

Swimming, sports in the gym, crafts, games and more!

February 2, 2024

JK-Grade 2: Preschool Room

Grades 3-8: Multipurpose Room

April 12, 2024

JK-Grade 2: Preschool Room

Grades 3-8: Multipurpose Room

May 31, 2024

JK-Grade 2: Preschool Room

Grades 3-8: Multipurpose Room



No PA Day camps on June 28 due to Summer Day Camp Staff training.

March Break Camps

8:00a.m. to 5:00p.m.

March 11 - 15, 2024

Swimming, sports in the gym, crafts, games and more!



Winter Word Search

S K I I N G S N O W B O O H T
 S F I R E P L A C E I N G E O
 L I E A R M U F F S C N Y T S
 E W S B C O L T R A E S T A C
 D I M L R O W S N O U G H E A
 D N U I A U L O W P S H T O R
 I T F Z E S A D E H A T A O F
 N R B Z B A E R O W P L Y I I
 G C O A T O T L Y D M W L C R
 I T O R H A F R O T A S U I E
 P O T D E C E M B E R I L C L
 L A S N C R O V I N C L O L R
 O A D H J K T C E S H O V E L
 W J A N U A R Y O E S A H S T
 M I T T E N S W E A T E R E L

BLIZZARD
 BOOTS
 COAT
 COCOA
 COLD
 DECEMBER
 EARMUFFS
 FEBRUARY

FIREPLACE
 FROSTY
 HAT
 ICE
 ICICLES
 JANUARY
 MARCH
 MITTENS

PLOW
 SCARF
 SHOVEL
 SKIING
 SLEDDING
 SNOW
 SWEATER
 WINTER





GET CRAFTY

Pom Pom Penguin

Supplies

- Chunky Yarn
- Felt
- 6mm Black Beads
- Scissors
- Glue Gun



Steps

1. Cut a piece of white yarn about 8 inches long. Then slide it between your middle fingers.
2. Wrap the white yarn about 30 times. Then wrap the black yarn right next to it, about 40 times. Trim the ends of the yarn.
3. Remember that yarn you slid between your middle fingers? Wrap it around the middle of the yarn and tie it as best you can.
4. Don't knot it yet. Tie it just tight enough to keep the yarn together when you slide it off your fingers. Carefully slide the yarn off your fingers then tie it as tightly as you can. Then you can knot it to keep it in place. Trim the ends of the yarn.
5. Carefully slide your scissors into the loops and cut them, working your way around the circle.
6. Make a second pom pom by repeating the steps above. Except this time, only wrap the yarn around two of your fingers.
7. Wrap the white yarn 25 times and wrap the black yarn 40 times.
8. Give the pom poms a really good "haircut" to make them look even.
9. Attach the small pom pom to the large pom pom using a generous amount of hot glue from a glue gun.
10. Cut out your felt pieces. You'll need a scarf, two wings, feet and a beak. then glue them on.

Young Chefs

Gnome Cookies

Ingredients

- 1 package refrigerated sugar cookie dough with 24 cookies.
- 1 cup unsalted butter, softened or 2 sticks.
- 4 cups powdered sugar or 16 ounces.
- ¼ cup heavy whipping cream.
- 1 teaspoon vanilla extract.
- 24 strawberries, leaves removed.
- 24 small candy balls.



Steps

1. Preheat oven to 350°F. Spray a mini muffin pan with non-stick cooking spray. place cookie dough balls in mini muffin pan to make 24 cookie cups. Bake for 20 minutes or until light golden brown. Let cool.

For the buttercream

1. Beat softened butter on medium speed with an electric or stand mixer. Beat for 3 minutes until smooth and creamy.
2. Add powdered sugar, cream, and vanilla extract with the mixer running on low. Increase to high speed and beat for 3 minutes. Note: If the frosting is too thick, you can add a little more cream. Just add one tablespoon at a time, then mix thoroughly until you get the consistency you like.
3. Frost cookie cups on top and down the side to look like a beard. Place a strawberry on top, upside down. Add the candy nose. Recipe makes 24 Gnome cookies.

Community Resources

Quinte Immigration Services

Quinte Immigration Services will assist immigrants and refugees isolated by cultural and language barriers in the Quinte region through the process of orientation and settlement while encouraging public respect for the diversity of immigrants, the promotion and recognition of the value of racial and cultural differences, and the facilitation of integration and participation of newcomers into the social, economic and cultural aspects of the community.

613-968-7723

info@quinteimmigration.ca

<https://www.quinteimmigration.ca/>

Belleville International

Belleville International is all about providing awareness and understanding of diverse cultures through cultural events and activities alongside with easy local shopping needs with businesses that share the passion to bringing awareness to Belleville and surrounding areas. We believe awareness and understanding of diverse cultures are important fundamentals to building a vibrant community environment for both locals and newcomers to our area while helping our local economic growth.

<https://www.bellevilleinternational.ca/>

